



Department of  
**Mental Health &  
Substance Abuse Services**

Office of Consumer Affairs and Peer Recovery Services

# HELPLINE

## 1-800-560-5767

*OCA.TDMHSAS@tn.gov*

We can help with

- finding mental health and substance abuse resources in your area
- questions about insurance
- where to find housing options
- communicating with mental health and substance abuse providers
- questions about the Certified Peer Recovery Specialist program
- filing a complaint

We are available

- Monday through Friday
- 8 am to 4:30 pm
- Closed on state holidays

*If we cannot answer your question, we will work with you to find the appropriate resource.*

[www.tn.gov/behavioral-health](http://www.tn.gov/behavioral-health)

